

Annual Report 2022 / 2023



**“Caritas is the salt, the leaven and the light
that provides a beacon of hope to those in need”
– Pope Francis**



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**"And over all these virtues put on love,
which binds them all together in perfect unity."**

Colossians 3:14



Sharing the mission of the Roman Catholic Church to serve the poor, of all and no faiths, and promote charity, justice & environmental responsibility within the Archdiocese of Cape Town

WORDS FROM OUR PRESIDENT

(His Eminence Stephen Cardinal Brislin, Archbishop of Cape Town)

"Is this not the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house ..."

(Isaiah 58:6-7)



It was on 1 February 2020 that Caritas Cape Town was established as the social outreach arm of the Archdiocese of Cape Town. In the intervening three years Caritas Cape Town has reached out to those in need in and around Cape Town and touched the lives of many people not only with material relief but also encouragement and hope. Indeed, much has been accomplished by Caritas Cape Town and I am grateful to all those who have contributed in many and varied ways to the success of the organisation. I also wish to acknowledge the encouragement and support that Caritas has given to parishes to take responsibility for outreach from their communities.

To the management, staff and volunteers of Caritas Cape Town, may God continue to bless the work you do for the greater good of the community. Please keep up the good work, be passionate about what you do and give thanks to God that you are entrusted with the opportunity to touch the lives of people. It is both in communion with God and in serving God through our neighbour that we are able to put into perspective the many different aspects of our lives and our values. Remember the words of His Holiness Pope Francis: *"Caritas is the salt, the leaven and the light that provides a beacon of hope to those in need"*.

I take this opportunity of wishing you all a blessed season of Lent and a glorious Easter.

+ *Stephen R*



WORDS FROM OUR CHAIRPERSON

(Fr Paul Taylor)

The twelve-month period between June 2022 and June 2023 saw our country slowly recovering from the worst pandemic the modern world had seen in decades. However, the aftermath of covid left its legacy in the form of increased numbers of people suffering from homelessness, unemployment, poverty and hunger throughout the Western Cape. This deepened our vision and commitment at Caritas Cape Town ('CCT') to encourage people to live their faith through action.

Working in partnership with local organisations and communities, CCT continued to engage with and encourage parishes in their existing or budding social outreach work. CCT strongly believes in the power of local people to achieve lasting change in their own communities. With the appointment of a Community Engagement Leader on each Parish Pastoral Council, we began to see improvements in our ability to communicate more efficiently with parishes and their commitment to use their own local power and resources to effect change.



Our partnership with the RESPOND network of churches and organisations, who respond collectively in times of disasters and emergencies, has gone from strength to strength, through our donations of hygiene packs, school stationary packs and baby supplies. CCT now operates as a central Catholic emergency relief centre in times of emergency and disaster (of which there sadly have been many throughout the last year) as part of a larger network of churches.

Throughout the year we managed our budget effectively to keep our costs low (particularly staff costs) so that we could continue to provide effective and efficient support to those in need.

I am grateful to the members of our Board who give freely of their time and expertise to ensure our work is impactful and that we are transparent in all we do and are accountable to our donors and supporters. Thank you to our staff, especially Aisling, volunteers, partners and donors for their unceasing support of CCT's campaigns during the year.

Finally, we thank the Lord for all the blessings bestowed on us throughout the year. We pray that the Holy Spirit will continue to lead and guide CCT in the year ahead as we carry out our work in the service of our brothers and sisters in need.

"Speak up for those who cannot speak for themselves, for the rights of all who are destitute.
Speak up and judge fairly; defend the rights of the poor and needy."

Proverbs 31:8-9

Parish Programs

Caritas Cape Town (“CCT”) provides advisory, capacity-building and, where necessary, financial support to effectively aid parishes of the Archdiocese of Cape Town to initiate welfare & development programs/projects in their local communities.

It does this by providing training workshops, and ongoing one on one support, to increase the capacity of individuals and groups to help identify needs in their communities and design programs/projects to meet these needs.

Following on from this, parishes are encouraged to start the process of either strengthening existing parish programs/projects or start new social outreach programs/projects in their parishes with the support of CCT.

As part of the new ‘Parish Alive’ Program and the restructuring of parish pastoral councils in the Archdiocese of Cape Town in late 2022, CCT held a morning workshop on 24th June 2023 (in collaboration with Justice & Peace and Care of Creation) to better explain to all parishes how the new ‘Community Engagement Leader’ (‘CELs’) portfolio would operate. This was well supported with 56 parishioners in attendance and 22 parishes represented.

Some of the parish projects undertaken this last year include:

1. Buckets of Love Christmas Campaign
2. Opening of the Fazenda da Esperanca Rehabilitation Centre
3. Volunteer support during the June floods
4. Donation of baby hampers as part of a workshop on the dangers of alcohol during pregnancy
5. A revival of the community soup kitchen & new community vegetable garden





1. Buckets of Love Christmas Campaign

In December 2022 CCT ran the annual Buckets of Love Christmas Campaign which saw parishes in the Archdiocese of Cape Town raise sufficient funds to distribute 1,107 food parcels (worth R250 each) to 28 parishes. In addition, CCT purchased four bulk food parcels (with a value of approx. R5,000 each) to donate to four parishes who run community soup kitchens.



Figure 1 – 1,107 food parcels for Buckets of Love Campaign 2022



Figure 2 & 3 - Soup kitchens at Masiphumelele and SMA Athlone, two of four parish soup kitchens to benefit from Buckets of Love 2022.

2. Opening of the Fazenda da Esperanca Rehabilitation Centre

On 13th May 2023 His Grace Archbishop Stephen Brislin officially opened the Fazenda da Esperanca Rehabilitation Centre at the former Nazareth House, Elsie's River. Four parishes took part in the Caritas Cape Town 'Sponsor a Room' Program (Brackenfell, Constantia, Lansdowne and Seapoint) renovating and preparing rooms in the premises for the arrival of the project staff and beneficiaries.



Figure 4 - His Grace Archbishop Stephen Brislin with Fazenda founders & staff at the opening of the Fazenda Project Elsie's River



Figure 5- Brackenfell 'Sponsor a Room' parish team



Figure 6 - Lansdowne 'Sponsor a Room' parish team

Figure 7 - Seapoint 'Sponsor a Room' parish team



Figure 8 - Kitchen sponsored by Constantia parish team



**"Let us not love with words
or speech
but with actions
and in truth."**

- St. John the Apostle

3. Volunteer support during the June floods in the Western Cape

Volunteers from Milnerton/Brooklyn parishes assisting with donations for the CCT flood relief program in June 2023



Figure 9

4. Workshop on the dangers of alcohol during pregnancy given by CCT Coordinator Aisling Foley at Retreat MOU on 14th April 2023. Baby hamper products were co-sponsored by CCT and the parishioners of Newlands and Claremont parishes.



Figure 10

5. A revival of the community soup kitchen & new community vegetable garden

A joint collaboration at 'The Pink House' Masiphumelele between CCT, local NGO Imfuneko Projects and the parishioners of St Joseph's Parish Kommetjie resulted in a revival of the community soup kitchen in early 2023. Following on from this an adjoining new community vegetable garden was planted on the CCT vacant lands which now produces fresh vegetables for the soup kitchen and for the local community who manage and maintain it themselves. Figures 11, 12 & 13.

Figure 11



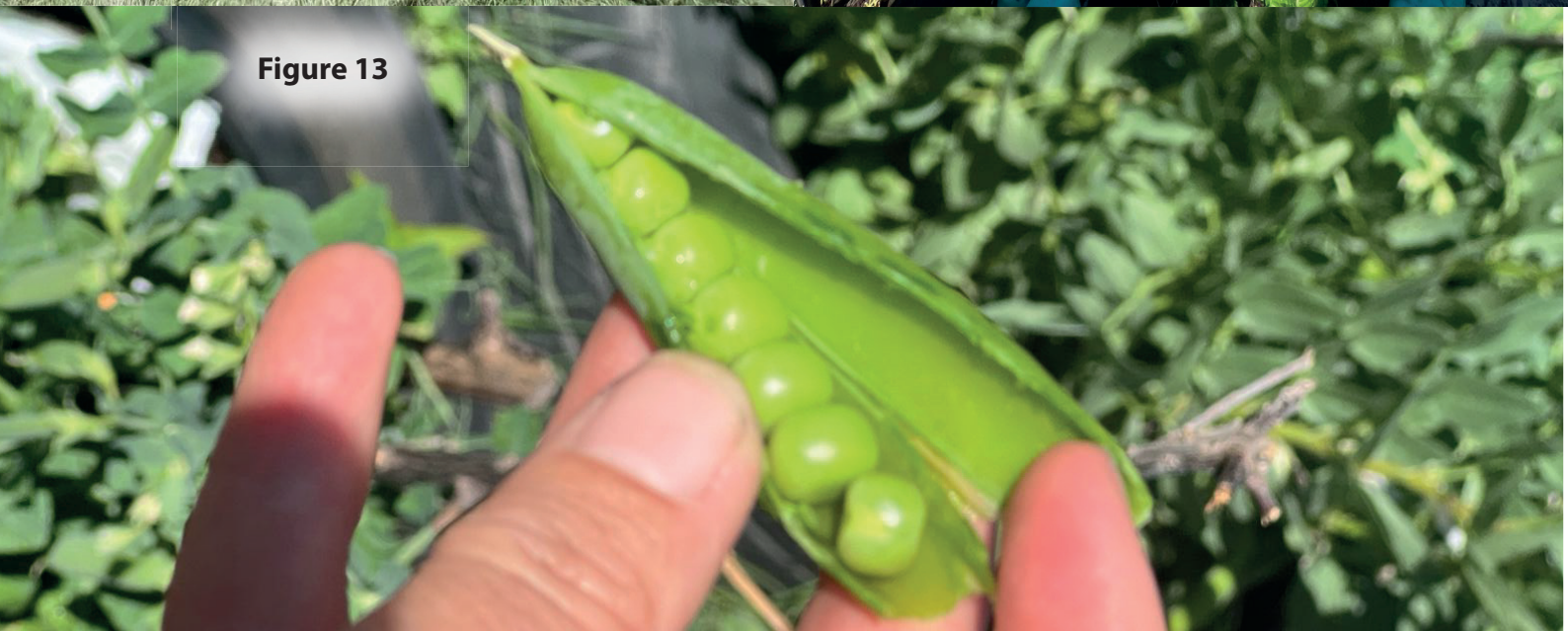
**"Whoever is kind to the poor
lends to the LORD,
and he will reward them for
what they have done."**

Proverbs 19:17 (NIV)

Figure 12



Figure 13



Social Development Group Network

Although primarily focused on parish-based initiatives, CCT is also aware that one of the Church's greatest treasures is the Catholic social action which takes place locally by many social outreach and development organizations within the Archdiocese of Cape Town.

In recognition of this work CCT wanted to ensure that its mandate included the bringing together of all these wonderful organizations to enable them to get to know each other better, collaborate, discuss opportunities to work together and attend workshops on topics relevant to those in the social development field.

Our 'Social Development Group Network' which began in October 2021 now consists of 20 members who meet three times a year. This year's guest speakers spoke on topics such as 'The lifelong effect of alcohol on our beneficiaries' bodies and minds' and 'How best to use social media as an NGO'.



Figure 14 – Some of the members of the Social Development Group Network at the 26th July 2023 gathering at the Salesian Institute Youth Project Greenpoint.

Emergency Disaster Response

CCT provides support and resources in cases of local and/or national emergencies or disasters. The program, which encourages parishes to donate funds and/or secondhand items to assist victims of disasters, was launched in June 2022 and has gone from strength to strength.

In September 2022, CCT became a member of the RESPOND network representing the Roman Catholic Church. RESPOND is a collection of churches and faith-based organizations who collaborate to respond to disasters effectively.

CCT also helps families affected by the smaller disasters which often get overlooked by the City authorities and larger aid agencies. In addition to this we assisted with the larger tragedies that befell our communities during the year as follows:



In **October 2022**, CCT distributed clothing parcels and 20 'household starter kits' to families who had lost their homes in the Hout Bay fires – Figure 15



In **November 2022**, CCT distributed 100 'hygiene boxes' & 50 clothing packets to families who had lost their homes in the Masiphumelele fires. – Figure 16



In **January 2023**, CCT distributed 30 'hygiene boxes' and 11 'baby boxes' to families who had lost their homes in the Philippi fires – Figure 17



In **April 2023**, CCT distributed 20 'baby boxes' and sanitary towels to women affected by the Imizamo Yethu fires – Figure 18



In **May 2023**, CCT distributed clothing packets and 'hygiene boxes' to 60 people whose homes burnt down in Capricorn – Figure 19



In **June 2023**, in response to the catastrophic floods in the Western Cape, CCT launched a specific 'Flood Disaster Fund Appeal'. With the generosity of donors a wonderful amount of R103,000 was raised which was used to purchase 'hygiene boxes' and baby cereal for the CCT 'baby boxes'. From donations in kind, we were able to distribute blankets, food and clothing to hundreds of families who were evacuated from their homes due to extreme flooding. – Figures 20, 21, 22 & 23



Figure 15



Figure 16

Figure 17



Figure 19



Figure 18



Figure 20- Devastation caused by floods in Western Cape, June 2023 displacing approximately 10,000 people from their homes



Figure 21





Figure 22

Figure 21, 22 & 23 - Donations leaving CCT Athlone for distribution amongst the flood affected communities in June 2023



Figure 23

Regulatory/Governance

- Caritas Cape Town was registered as a Public Benefit Organization (PBO) on 27 July 2022 (930074278)

Communications

- 26 January 2023 – Caritas Cape Town launches its new Facebook page
- 22 February 2023 – Caritas Cape Town launches its new video showcasing its mission and programs



FINANCIALS

3:20 PM
28 02 24
Accrual Basis

Caritas Balance Sheet As of 30 June 2023

	30 Jun 23	30 Jun 22
ASSETS		
Current Assets		
Cash at bank and in hand	287 995	80 225
Accounts Receivable	178 412	73 675
Total Current Assets	466 407	153 901
Fixed Assets		
Computers @cost	1	1
Vehicles	119 920	264 900
Total Fixed Assets	119 921	264 901
TOTAL ASSETS	586 328	418 802
LIABILITIES & EQUITY		
Current Liabilities		
Accounts Payable	- 128 595	53 114
Other Current Liabilities		
Accrued Expenses	20 000	-
Income Tax Payable	20 302	12 024
Total Other Current Liabilities	40 302	12 024
Total Current Liabilities	- 88 293	65 138
Long Term Liabilities		
Refundable Deposits Payable	22 882	23 740
Total Long Term Liabilities	22 882	23 740
Total Liabilities	- 65 412	88 878
Capital and Reserves	651 739	329 924
TOTAL LIABILITIES & EQUITY	586 328	418 802

3:40 PM
28 02 24
Accrual Basis

Caritas Profit & Loss July 2022 through June 2023

	Jul '22 - Jun 23	April '21 - Jun 22
INCOME		
Bank Interest Earned	12 494	-
Furniture Sales	2 000	55 740
Gifts and Donations Income	7 840	837 779
Grants	594 078	-
Project Income - Buckets of Love	237 237	204 312
Project Income - Disaster Relief	117 354	513 130
Rental Income		
Rent Income - Athlone Building	9 100	1 600
Rent Income - Athlone Tower	84 944	79 017
Rent Income - Khayelitsha	687 459	729 546
Rent Income - Masiphumelele	181 292	174 392
Rent Income - Tafelsig	-	40 827
Rental Income - Other	-	-
Total Rental Income	962 794	1 025 383
Total Income	1 933 797	2 636 343
EXPENSE		
Accounting & Administration	19 849	19 800
Advertising & Marketing	443	24 668
Audit Fees	13 675	20 125
Bad Debts	20 414	-
Bank Charges	9 466	9 147
Computer Expenses	9 892	23 175
Consumables - office expense	8 953	3 581
Depreciation Expense - computer	-	6 725
Depreciation Expense - vehicles	35 730	-
Donations Expense	-	479
Dues and Subscriptions	6 000	8 000
Employee Costs	756 453	830 149
Equipment Rental	-	520
Insurance Expense	27 715	32 069
Interest expense	1 563	-
Internet	15 539	-
Municipal expense	69 777	366 878
Office Expense	1 670	-
Printing & Stationery	9 516	6 803
Professional Fees	4 500	-
Project Expenses - Buckets of Love	240 604	205 235
Project Expenses - Disaster Relief	18 465	503 148
Rent Expense	195 000	32 360
Repairs and Maintenance	91 338	228 210
Security	17 098	11 646



3:40 PM
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Accrual Basis

Caritas
Profit & Loss
July 2022 through June 2023

	Jul '22 - Jun 23	April '21 - Jun 22
Staff training	500	-
Staff welfare	656	3 456
Telephone	4 876	4 282
Travel and Meetings	38 416	1 550
Uncategorized Expenses	-	-
Vehicle Repairs	12 473	54 163
Total Expense	1 630 581	2 396 170
Other Income/Expense		
Other Income	56 127	101 775
Other Expense		
Asset Disposal (Loss)	29 250	-
Taxation current year	8 278	12 024
Net Other Income	18 599	89 751
Surplus for the Year	321 815	329 924



THANK YOU

TO OUR BOARD

For all their valuable guidance and support throughout the year:

His Eminence Stephen Cardinal Brislin (President)

Fr Paul Taylor (Chairperson)

Fr Wim Lindeque (Vice Chairperson)

Steven Borwick (Secretary)

Chantal Solomons (Treasurer)

Luzuko Tseku (Board Member)

Oliver Tshinyoka Mulombo (Board Member)

Theo Lekoma (Board Member)

7 Board meetings were held in 2022/2023

TO OUR DONORS

Without whose support we would not be able to do our work:

Thank you to all the individuals, corporates and parishes who so generously donated money, second hand items, goods and/or time to our Emergency Disaster Fund and the Buckets of Love 2022 Campaign.

A special thank you to:

- Our weekly Athlone volunteers Liora, Louisa and Florence.
- Rob Riedlinger of Monk Media & Ethan Riedlinger who so generously assisted us throughout the year with our website, Annual Report and promotional video.

We appreciate all that you do for us.



**“The generous will themselves be blessed,
for they share their food with the poor.”**

Proverbs 22:9